



PERIOPERATIVE MEDICINE

Learning Track 13

Sunday, 4 June 2023

14:00 – 17:30

Tay - Hall 2

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Workshop

DELIW

Light up the mess inside –

Management of delirium, pain, agitation and sedation

****IMPORTANT NOTICE:** access to this workshop is limited to pre-registered delegates

About this session: This workshop aims to provide participants with a basic set of diagnostic tools to recognise and consequently prevent and treat delirium in their patients, in an evidence-based manner and appropriately skilled.

An authentic simulation experience by means of a simulated delirious patient impersonated by an actor, highly skilled in psychology and clinically experienced in delirium.

By the end of this session, participants will:

- know how to detect and treat intra-hospital delirium with the following diagnostic features:
 - (1) Measurement of pain and sedation/agitation using the visual pain scale, Numeric Rating Scale (NRS), Behavioural Pain Scale (BPS-/NI) and Richmond Agitation Sedation Scale (RASS).
 - (2) Measurement of delirium with the Confusion Assessment Method for the Intensive Care Unit (CAM-ICU).
- understand the significant impact of delirium on the patient length of stay, morbidity, mortality and quality of life.
- be able to prevent delirium with a focus on non-pharmacological approaches.

Target audience: *Doctors and nurses working in and around intensive care units and PACUs.*

Chair: Igor Abramovich (Berlin, Germany)

14:00 **Sedation, analgesia and delirium management in the Intensive Care Unit (ICU)**

Speaker: Igor Abramovich (Berlin, Germany)

Speaker: Torsten Schroeder (Berlin, Germany)

PART I

14:10 **Monitoring sedation: Richmond Agitation Sedation Scale (RASS)**

Speaker: Joanna Eller (Berlin, Germany)

14:20 **Simulation training with actor: Richmond Agitation Sedation Scale (RASS)**

Facilitator: Joanna Eller (Berlin, Germany)

Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)

14:35	Debriefing session
	PART II
14:50	Monitoring delirium: Confusion Assessment Method for Intensive Care Unit (CAM-ICU) Speaker: Elisa Weidner (Berlin, Germany)
15:00	Simulation training with actor: RASS and Confusion Assessment Method for Intensive Care Unit (CAM-ICU) Facilitator: Elisa Weidner (Berlin, Germany) Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)
15:15	Debriefing session
15:30-15:50	BREAK
	PART III
15:50	Monitoring analgesia: Numeric Rating Scale - Visual (NRS-V), Behavioural Pain Scale (BPS), Behavioural Pain Scale - not intubated (BPS-NI) Speaker: Eva Kornemann (Berlin, Germany)
16:00	Simulation training with actor: RASS, CAM-ICU, NRS-V, BPS, BPS-NI Facilitator: Eva Kornemann (Berlin, Germany) Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)
16:15	Debriefing session
	PART IV
16:30	Basics of non-pharmacological and pharmacological management of delirium, pain and sedation Speaker: Elisa Weidner (Berlin, Germany) Speaker: Torsten Schroeder (Berlin, Germany)
16:45	Practical session and application of monitoring: RASS, CAM-ICU, BPS-(NI), NRS-V and non-pharmacological prevention Facilitator: Elisa Weidner (Berlin, Germany) Facilitator: Torsten Schroeder (Berlin, Germany) Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)
17:15-17:30	Debriefing session