



# PERIOPERATIVE MEDICINE

## Learning Track 13

**Sunday, 4 June 2023**

14:00 – 17:30

**Tay - Hall 2**

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Workshop

### DELIW

#### Light up the mess inside –

#### Management of delirium, pain, agitation and sedation

**\*\*IMPORTANT NOTICE:** access to this workshop is limited to pre-registered delegates

**About this session:** This workshop aims to provide participants with a basic set of diagnostic tools to recognise and consequently prevent and treat delirium in their patients, in an evidence-based manner and appropriately skilled.

An authentic simulation experience by means of a simulated delirious patient impersonated by an actor, highly skilled in psychology and clinically experienced in delirium.

By the end of this session, participants will:

- know how to detect and treat intra-hospital delirium with the following diagnostic features:
  - (1) Measurement of pain and sedation/agitation using the visual pain scale, Numeric Rating Scale (NRS), Behavioural Pain Scale (BPS-/NI) and Richmond Agitation Sedation Scale (RASS).
  - (2) Measurement of delirium with the Confusion Assessment Method for the Intensive Care Unit (CAM-ICU).
- understand the significant impact of delirium on the patient length of stay, morbidity, mortality and quality of life.
- be able to prevent delirium with a focus on non-pharmacological approaches.

Target audience: *Doctors and nurses working in and around intensive care units and PACUs.*

Chair: Igor Abramovich (Berlin, Germany)

14:00 **Sedation, analgesia and delirium management in the Intensive Care Unit (ICU)**

Speaker: Igor Abramovich (Berlin, Germany)

Speaker: Torsten Schroeder (Berlin, Germany)

#### PART I

14:10 **Monitoring sedation: Richmond Agitation Sedation Scale (RASS)**

Speaker: Joanna Eller (Berlin, Germany)

14:20 **Simulation training with actor: Richmond Agitation Sedation Scale (RASS)**

Facilitator: Joanna Eller (Berlin, Germany)

Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)

- 14:35 **Debriefing session**
- PART II**
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- 14:50 **Monitoring delirium: Confusion Assessment Method for Intensive Care Unit (CAM-ICU)**  
Speaker: Elisa Weidner (Berlin, Germany)
- 15:00 **Simulation training with actor: RASS and Confusion Assessment Method for Intensive Care Unit (CAM-ICU)**  
Facilitator: Elisa Weidner (Berlin, Germany)  
Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)
- 15:15 **Debriefing session**
- 15:30-15:50 **BREAK**
- PART III**
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- 15:50 **Monitoring analgesia: Numeric Rating Scale - Visual (NRS-V), Behavioural Pain Scale (BPS), Behavioural Pain Scale - not intubated (BPS-NI)**  
Speaker: Philipp Dussmann (Berlin, Germany)
- 16:00 **Simulation training with actor: RASS, CAM-ICU, NRS-V, BPS, BPS-NI**  
Facilitator: : Philipp Dussmann (Berlin, Germany)  
Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)
- 16:15 **Debriefing session**
- PART IV**
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- 16:30 **Basics of non-pharmacological and pharmacological management of delirium, pain and sedation**  
Speaker: Elisa Weidner (Berlin, Germany)  
Speaker: Torsten Schroeder (Berlin, Germany)
- 16:45 **Practical session and application of monitoring: RASS, CAM-ICU, BPS-(NI), NRS-V and non-pharmacological prevention**  
Facilitator: Elisa Weidner (Berlin, Germany)  
Facilitator: Torsten Schroeder (Berlin, Germany)  
Facilitator: Liv Schütz-Vorderwühlbecke (Berlin, Germany)
- 17:15-17:30 **Debriefing session**