

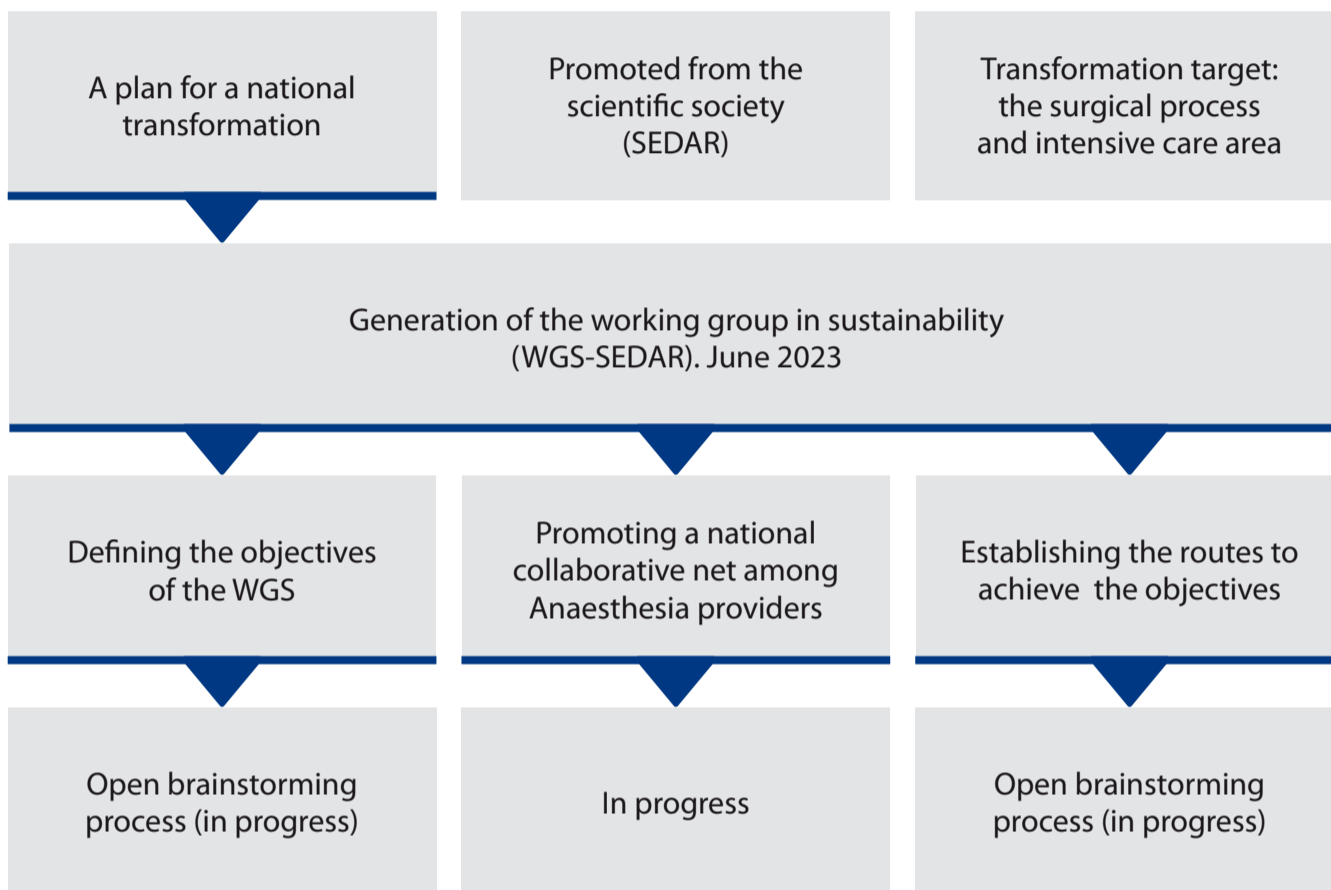
HOW TO IMPROVE SUSTAINABILITY IN ANAESTHESIA AND INTENSIVE CARE: SITUATIONAL AWARENESS AND NATIONAL INITIATIVES

Anesthesia as the promoter of a culture transformation in the perioperative process and intensive care area. Thinking and working for a sustainable practice. From evidence to executive policies.



SEDAR

Sociedad Española de Anestesiología y Reanimación



The objectives (WGS-SEDAR)

FOCUSING ON POLICIES

Promoting the generation of a National Guideline on Sustainability in the Surgical Process and Intensive Care Areas, including the preoperative and postoperative periods.

Promoting legislative changes at the regional, national and European level aimed at achieving the objectives.

Promoting sustainable awarning among professionals.

THE TOOLS

The legislative framework.

Definition of sustainability standards and certification.

Development of an acreditation process in sustainability with an impact on productivity.

Continuing education promoted from SEDAR and REDAR (Revista Española de Anestesiología y Reanimación).

Adaptation of training programs in Anaesthesia to include education in sustainability.

Our guidelines: from ethical principles and rational proposals to practice. Assuming the basic principles of sustainability in anaesthesia¹

1. Minimise the environmental impact of their clinical practice.
2. Use environmentally preferable medications and equipment when clinically safe to do so.
3. Minimise the overuse/waste of medications, equipment, energy and water.
4. Incorporate environmental sustainability principles within formal anaesthesia education.
5. Embed environmental sustainability principles within anaesthesia research and quality improvement programmes.
6. Lead environmental sustainability activity within their healthcare.
7. Collaborate with industry to improve environmental sustainability.

¹ White SM et al, representing the World Federation of Societies of Anaesthesiologists Global Working Group on Environmental Sustainability in Anaesthesia. Principles of environmentally sustainable anaesthesia: a global consensus statement from the World Federation of Societies of Anaesthesiologists. *Anaesthesia* 2022; 77: 201-212.

WGS-SEDAR Schedule

- June 2022-Dec 2022 >>> **Conformation of the WGS-SEDAR**
- June 2022-March 2023 >>> **Definition of the objectives**
- October 2022-March 2023 >>> **Establishment of the working plan**
- December 2023 >>> **First expected results**

“ Break down barriers encountered to sustainable practice. Things must change if they are to get better. Georg Lichtenberg

To improve is to change, so to be perfect is to change often. Winston Churchill

Break down barriers encountered to sustainable practice. There is nothing permanent except change. Heraditus